



Back to school

WELCOME

September 2021

BELL SCHEDULE

Block 1	7:59 – 9:12 am
Block 2	9:16 – 10:29 am
FLEX	10:29 – 10:58 am
Block 3	11:02 am – 12:15 pm
LUNCH	12:15 pm – 12:55 pm
Block 4	12:59 pm – 2:11 pm
Block 5	2:15 pm – 3:27 pm

2021-2022 HWSS STUDENT COUNCIL



As a member of Heritage Woods Student Council, you will be representing the student body and should be able to bring positive changes you want to see in our school.

Application Forms are available at the main office.

DEADLINE to return completed application form is Friday, October 1st.

→ Please return to the main office.

Students needed to work in the Cafeteria!

Work for the first 20 minute of lunch

•\$15.20 per hour + 50% off food!

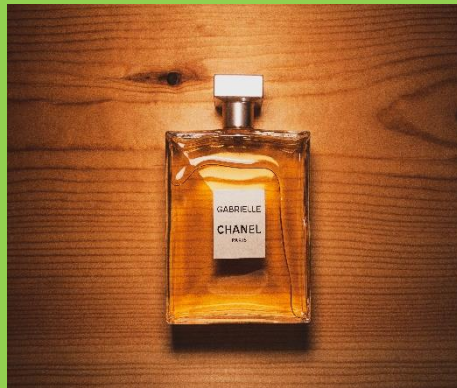
•See Karen in the cafeteria, if interested.



Did you know that HWSS is SCENT AWARE??

REMINDER: To Staff & Students

Please avoid wearing heavy scents (perfume/cologne) as this can affect other's health.



STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a **PARKING PASS** to be displayed in vehicle. Usually hang from rear view mirror.



STUDENT PARKING PASSES

If you completed the registration form your Parking Pass is ready for p/u from the main office.

Usually hang from rear view mirror.






JOB OPPORTUNITY



WE'RE HIRING



-  **Come visit us at**
Suter Brook Village,
146 Brew Street,
Port Moody, BC
-  **Walk in Interviews**
September 22nd and
September 23rd
3:00pm - 6:00pm
-  **For any inquiries
please call:**
778.865.3141



**ALL Grade 12
Students
YOUR CLC12 MEETING**

PUT IT IN YOUR CALENDAR

KODIAK ATHLETICS



Kodiaks Volleyball!

Um, anyone interested in
Kodiaks Volleyball?!?

Sign-up today at lunch
outside by the turf
bleachers:

Gr. 9 Girls

Jr. Girls

Sr. Girls

Jr. Boys

Sr. Boys



KODIAKS VOLLEYBALL

Next week's practice schedule

September 20	September 21	September 22	September 23	September 24
3:45 – SBV/SGV 5:30 – JBV 7:15 -	3:45 – JGV 5:30 – 9GV 7:15 -	3:45 – SBV / SGV 5:30 – JBV 7:15 -	3:45 – JGV 5:30 – 9GV 7:15	Professional Day

CLUBS



Join Physics Club

When:

Monday September 20
@ 3:30pm

Where:

Room 304



**"I have no special talents,
I am only passionately curious"**

MEETINGS ON WEDNESDAYS AT LUNCH IN
ROOM 213

JOIN WYNS CLUB!!!

SIGN UP HERE



Do YOU want to help the community?

- Volunteer hours
- Fundraising
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need
- Looks fantastic on University Applications!!!



Art Portfolio Club

The art room is opened for students creating their artworks, or connecting with other students who are working on their portfolios.

- Senior students in Studio Arts 2-D and 3-D are welcome.
- Anyone who is working on their art portfolios are also welcomed.
- Time: lunch time
- Venue: Room 214
- Sponsor Teacher: Mr. Ting

Runs every day ☺

Join Model United Nations!



- Learn to strategize and debate!
- Gain public speaking skills!
- Become familiar with real world events!
- Great for university applications 😊

- Meet at Lunch
- Tuesday, Sept. 21st
- Library

Scan the QR code to
sign up!



CAREER CENTER



Mini Med School 2021 - Discoveries in Diabetes: A Century of Innovation

<https://www.bcchr.ca/events/mini-med-school/mini-med-school-vancouver>

Join us virtually for Mini Med School 2021 as we commemorate scientific achievements in diabetes research. Together we will explore the remarkable discovery of insulin, advances and innovative therapies in diabetes treatment, diabetes' impact on the immune system, and the personal impacts of living with diabetes.

- **Interested in participating?**
- Mini Med School is transitioning to an all virtual learning platform. Participation is free, but participants will require access to a computer, tablet or smartphone and a stable internet connection.

Virtual attendees across BC will now have two ways to participate in Mini Med School 2021:

- **Mini Med School Live**: Engage with researchers and clinicians at BC Children's Hospital in real-time! Participation is restricted to BC students from grades 10-12. **Interested students must be nominated by a teacher to participate.** To maximize interactions between students and presenters, only 200 students will be enrolled.
- **Mini Med School On-Demand**: Participate when it works for you. Registration is open to everyone. A maximum of 300 participants will be enrolled in the program.
- Mini Med School strives to empower youth and promote an equitable and inclusive learning environment. Further space is available for **Mini Med School Live** and **Mini Med School On-Demand** for BC students from grades 10-12 who identify as First Nations, Inuit, or Métis. Teachers or the students will be asked to self-identify as Indigenous on the registration or nomination form.

*****if you are interested in being nominated for Mini Med School Live you must complete and submit the form below no later than 3 pm Friday September 17. *****

<https://forms.office.com/Pages/ResponsePage.aspx?id=74xI2ZICUkKZJWRC3iSkS12gtRqqkPhHgSV4d06Pfd1UQkNSUkk3VIBKQ0pMNTJWOFXQ0IERIpaVS4u>

REGISTER NOW AND SEE WHAT
EXPERIENCES MIGHT BE WAITING
FOR YOU!

<https://www.studyandgoabroad.com/virtual-education-fair/>

A woman with long dark hair and glasses is sitting on a woven rug on the floor, working on a silver laptop. She is wearing a white t-shirt and dark pants. In the background, there is a wicker chair and a wooden lattice wall. The scene is lit with warm, natural light.

**EXPLORE
YOUR FUTURE**

Virtual Education Fair and Webinars

SEPTEMBER 23

Not simply a scholarship — we invest in potential.

APPLICATIONS ARE OPEN!



DEADLINE: OCT. 13, 2021 (before 8PM ET)

www.loranscholar.ca

In partnership with [universities](#), [donors](#) and [volunteers](#) across the country, we're investing in the future of Canada. We offer the country's largest and most comprehensive four-year undergraduate award (valued at \$100,000) to young Canadians on the basis of character, service and the promise of leadership.

No school nomination required.

Are you the next Loran Scholar from Heritage Woods?

Do some research (<https://loranscholar.ca/our-scholars/>) and if you have questions about this award feel free to visit Ms. Butler for feedback on what it means to be a Loran Scholar.

Post-Secondary BC (PSBC) VIRTUAL FAIRS FOR STUDENTS & PARENTS

www.postsecondarybc.ca

- - Seven dates, open to everyone across the province, with each fair open for 10 hours.
- - Presentations (live or pre-recorded) up to six times daily (# will vary by institution)
- - Live text & video chat available with institutional representatives
- - Multiple “door prizes” will be awarded to student participants after each event
- - There will also be prizes for SCHOOL PARTICIPATION – Details coming soon

Registration for students will open on Friday, Sept 24th starting at 9:00am – Register for any date.

- The link to register will be on the **PSBC Website**

Date	Event	Timing	Notes
Thurs October 7	PSBC Virtual Fair 1	9:00 AM – 7:00 PM each event day	Presentation Times 9:30 am, 10:30 am and 11:30 am 4:30 pm, 5:30 pm and 6:30 pm
Tues October 19	PSBC Virtual Fair 2		
Wed November 3	PSBC Virtual Fair 3		
Tues November 9	PSBC Virtual Fair 4		
Thurs November 18	PSBC Virtual Fair 5		
Wed December 1	PSBC Virtual Fair 6		
Tues December 7	PSBC Virtual Fair 7		

- **This is a great opportunity to gather information about all of the fabulous post-secondary options in BC.**



YWCA HIGH SCHOOL MENTORSHIP PROGRAM

Are you in Grade 11-12 and wondering about your career choice?

We match young cis and trans women, and gender-diverse youth in Grades 11 and 12 (mentees) with volunteer professionals (mentors) for a one-to-one mentoring relationship!

What to expect:

- Matches are based on career and education interests
- Meet up monthly with your mentor
- Attend relevant and free, online workshops and events

Attend an information session to learn more:

Wednesday, September 29th 4:30-5:30pm, Thursday, October 14th 4:30-5:30pm.



Details available at:
ywcavan.org/HS-mentee

APPLY TO OUR

YOUTH IBPOC/2SLGBTQ+ EXHIBIT MENTORSHIP PROGRAM!

3 SPOTS AVAILABLE

EXHIBITS WILL BE
FEATURED AT THE
**COQUITLAM POIRIER
PUBLIC LIBRARY**
IN EARLY 2022

DEADLINE TO APPLY:
SEPT 27, 2021

ARE YOU A HIGH SCHOOL STUDENT
OF COLOUR OR PART OF THE
2SLGBTQ+ COMMUNITY?

ARE YOU INTERESTED IN
EXPLORING YOUR HERITAGE OR
PURSUING A CAREER IN HISTORY,
CULTURE, OR MUSEUMS?

IF YES, APPLY TO
COQUITLAM HERITAGE'S
YOUTH EXHIBIT
MENTORSHIP PROGRAM!

THROUGH THIS PROGRAM,
YOU'LL BE ABLE TO:

- CREATE YOUR OWN MINI EXHIBIT
- RECEIVE MENTORSHIP FROM MUSEUM PROFESSIONALS
- LEARN THE INS AND OUTS OF A SMALL MUSEUM
- BE PAID FOR YOUR WORK

Coquitlam
HERITAGE
preserve • honour • promote

FOR MORE INFO OR TO APPLY VISIT:
WWW.COQUITLAMHERITAGE.CA
/OPPORTUNITIES

European Universities Consortium (EUC) US, Canada & Caribbean Tour is confirmed! The tour will occur **October 5th - 6th** virtually.

Below are the participating universities:

[Bocconi University - Milan, Italy](#)
[Carl Benz School - Karlsruhe, Germany](#)
[EHL - Lausanne & Passugg, Switzerland & Singapore](#)
[IE University - Madrid & Segovia, Spain](#)
[Jacobs University - Bremen, Germany](#)
[Modul University - Vienna, Austria](#)
[Trinity College Dublin - Dublin, Ireland](#)
[Brussels School of Governance \(formerly Vesalius College\) - Brussels, Belgium](#)

The agenda for both days is **5:00-8:00 PM**: Booths open for information and chatting with university representatives.

Session Schedule (both days):

5:00-5:30 PM: Introduction to the EUC Universities with Q&A
5:30-6:00 PM: Q&A for Counselors

LIVE University Presentations:

Oct. 5:
6:00-6:30 PM: **Studying in the Capital of Europe**: Brussels School of Governance
6:30-7:00 PM: **Careers in Germany**: Carl Benz School
7:00-7:30 PM: **Dive into Research** at Jacobs University
7:30-8:00 PM: **Embrace Entrepreneurship** at IE University
Oct. 6:
6:00-6:30 PM: **Study with a View** at Modul University Vienna
6:30-7:00 PM: **Study Business** at Bocconi
7:00-7:30 PM: **Explore the World of Hospitality** at EHL
7:30-8:00 PM: **“Céad míle fáilte”** to Trinity College Dublin!

Register
<https://eucnorthamerica.europeanuniversities.eu/register>



STUDY IN EUROPE
EUC US, Canada & Caribbean Fair
October 5: 5-8 PM EST October 6: 5-8 PM PST

- ✓ Learn about 8 renowned European universities.
- ✓ Visit virtual booths and download informative materials.
- ✓ Attend live sessions on specific topics.
- ✓ Chat live with university representatives.





basant
motors

Celebrating its 30TH Anniversary

This October 3, 2021

to celebrate we are presenting:

\$30,000 SCHOLARSHIP

Community Pride!

Basant Motors is committed to the community we are a part of. The Basant Motors Scholarship is developed to honor the belief of giving back to the community. The scholarship award goes to graduating seniors furthering their education at a post-secondary institution. Each student selected will receive a one-time \$2,000 scholarship. 15 Scholarships will be awarded for a total of \$30,000.

How to Apply

OBTAIN APPLICATION AT:

www.basantmotors.com/scholarship

IN PERSON: Basant Motors

16315 Fraser Hwy

Surrey, BC, V4N 0G1

BY EMAIL: scholarships@basantmotors.com

Deadline

APPLICATION SUBMISSION:

11:59pm Sunday, September 26, 2021

Scholarship

TO BE ELIGIBLE FOR THIS SCHOLARSHIP

THE STUDENT MUST:

- Be a graduating high school senior
- Have a minimum **GPA of 3.2**
- Demonstrate the attributes of good citizenship and service in school and the community
- Plan to attend a post-secondary institution in 2022

Selection

Friday, October 1, 2021

PRESENTATION:

Basant Motors 30th Anniversary Sale

4:00pm Sunday, October 3, 2021

Decision will be made Friday October 1, 2021. Successful candidates will be advised and results will be posted on Basant Motors website and presented at Basant Motors on **Sunday Oct 3, 2021**. Basant Motors Winners are required to be present on this day. Selection will be by an independent member committee listed at basantmotors.com.

Scholarships are being awarded in honour of the founding family members of Basant Motors, Arjan Singh & Gurmit Kaur Bath.

"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."

- Malcolm X

Submission Deadline:
Sept. 26, 2021

Selection Date:
October 1, 2021

Presentation Date:
October 3, 2021

Upcoming STEM workshops & events

Coding for Social Change Program

- Dates: Oct 2-Dec 4, 2021 (every Saturday except for Oct 9 long weekend)
- Time: 10:00-11:30 am
- Delivery: Online via Zoom
- Grade: 7-10*
- Cost: Free
- Application link: <https://sites.google.com/view/sfucsc/apply-now>
- *If you're not within this grade range but would like to join the program, please email Eva at sacoord@sfu.ca.

An Hour Plus of Code

- Date: Sept 25, 2021 (Saturday)
- Time: 10:00-11:30 am
- Delivery: Online via Zoom
- Grade: 7-9
- Cost: Free
- Sign-up link: <http://websurvey.sfu.ca/survey/407798654>

STEM Speaker Series: Bioinformatics

- Date: Sept 25, 2021 (Saturday)
- Time: 1:00-2:00 pm
- Delivery: Online via Zoom
- Grade: 9-12
- Cost: Free
- Sign up link: <http://websurvey.sfu.ca/survey/407740562>

Port Moody Fall Programs for Youth



Fall Programs for Youth

- * **NEW** RAD Night Out Trips
- * **NEW** Girls Night and Guys Night
- * Registered Drop-in Youth Lounge
- * Sports, Fitness and Wellness Programs
- * Life Skills, First Aid & Babysitter Training
- * Drop in Gym - **NEW** More Drop-in Days

For
youth in
grades
6-12

Register Tuesday, August 24 at 8am at
[portmoody/signmeup](https://portmoody.ca/signmeup)

VOLUNTEER OPPORTUNITIES



Volunteer Opportunity!

The [Lower Mainland Green Team](#) will be removing Himalayan Blackberry, an invasive species, from **Mundy Park in Coquitlam near Spani Pool** to help restore this natural area. Invasive species have environmental, economic and social consequences and their threat is increasing due to climate change.

NO EXPERIENCE NECESSARY. All ages and abilities are welcome. Instruction, gloves, tools and refreshments are provided.

- **Date:** Sunday September 19, 2021 **Time:** 9:45am-1:00pm
- **Location:** Spani Pool Parking Lot (exact location [HERE](#))
- **SIGN UP:** www.meetup.com/The-Lower-Mainland-Green-Team/events/280549696/
- All activities follow provincial restrictions and COVID-19 Safety Measures are in place to ensure the safety of everyone at the activity.
- Safety measures include:
 - Physical distancing
 - Recommended masks
 - Hand sanitizer provided
 - All tools sanitized and gloves washed between uses
 - Individually packaged refreshments
 - COVID-19 screening questions
- Being outdoors in a safe environment is one way that we can improve our mental and physical health during these times and stay connected!

Participants will:

- Learn about how climate change impacts biodiversity locally
- Develop hands-on habitat restoration skills
- Foster a deeper connection to nature and one another
- Enhance their ability to work as a team and lead
- Feel great about revitalizing and increasing biodiversity in this local greenspace
- Acquire volunteer hours
- Realize they have the power to make a difference
- Get exercise in nature
- Have FUN!

This activity was made possible through partnership with the [City of Coquitlam](#) and the charity [Green Teams of Canada](#).



Are you interested in Pharmacy as a career? Are you in Grade 11 or 12?

- **Medicine Shoppe Pharmacy at Prairie Mall is looking for a few responsible volunteers.**
- **This is an opportunity to see how a pharmacy works as well as meet current UBC Pharmacy Students doing practicum.**
- **Please forward your resume ASAP to Medicine Shoppe either in person (Unit 1146 - 1470 Prairie Avenue in Port Coquitlam) or by email medicineshoppe409@outlook.com**
- **The pharmacist will make decisions near the end of September.**

VOLUNTEER OPPORTUNITIES!

[Community Volunteer Connections](#) - Event October 2, 2021

Coquitlam Volunteer Job Fair: Door monitors, Greeters and General tasks

- This opportunity is suitable for:
 - Youth (16+)
 - Earning High School volunteer hour requirements
 - gaining experience in working with the public
- To apply and for more information or questions, please contact Carey at clepage@volunteerconnections.ca

VOLUNTEER OPPORTUNITIES

Vancouver International Film Festival (VIFF)

- Vancouver, Multiple roles
- This opportunity is suitable for:
 - Youth (16+), Adults (19+)
 - Love working on a team with great customer service skills
 - Interest in film and storytelling on the screen
 - Ushers, scanning tickets, managing line-ups, helping box office
- To apply see link above
- For more information or questions, please contact volunteer@viff.org

Port Moody Station Museum - loco Ghost Town Days Event - October 2, 2021

- Port Moody, Event Assistants
- These opportunities are suitable for:
 - Age 14+ (anyone under age 14 needs parental consent)
 - Set-up starts at 8:00 am and takedown starts at 4:00
 - Volunteers also needed for super fun event tables
- To apply see link above
- For more information or if you have questions, please contact Brianne Egeto at: info@portmoodymuseum.org